

Logging Your Creative Time!

by Mathangi Subramanian

Use the log below to keep track of possible times when you can engage in your creative practice. Begin by writing down the date and circling the day of the week. Write down the time of day in the first column, then check off whether you had free time and / or you felt creative. Make sure to check out the definitions of "free time" and "feeling creative" on the back!

Day of week: Su M T W Th F Sa			Day of week: Su M T W Th F Sa		
Time of Day	Had Free Time	Felt Creative	Time of Day	Had Free Time	Felt Creative
Day of week: Su M T W Th F Sa			Day of week: Su M T W Th F Sa		
Time of Day	Had Free Time	Felt Creative	Time of Day	Had Free Time	Felt Creative
Day of week: Su M T W Th F Sa			Day of week: Su M T W Th F Sa		
Time of Day	Had Free Time	Felt Creative	Time of Day	Had Free Time	Felt Creative